



# Birth Center



## Special care for your special event.

Having a baby is one of life's greatest moments. But it also requires a great deal of planning, which begins well before the big day. At Oaklawn Hospital, we make sure you, your baby, and your family are completely ready for the special event. Our experienced staff go to great lengths to make sure everyone is comfortable throughout the entire process.



OaklawnHospital

Birth Center

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ADVANCING MEDICINE  
COMPASSIONATE CARE

# Birth Center

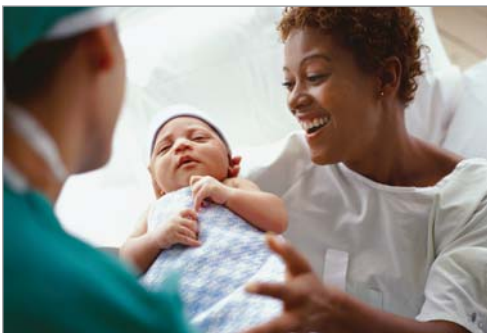
*“Carrillon bells are rung each time a new baby heads home – our way of helping you celebrate.”*



## Greater care and experience: what a comforting thought.



At the Oaklawn Birth Center, our highly trained staff is supported by the latest technology. We deliver over 650 babies each year. And we do so in an environment that feels very close to home. As new parents, you and your baby will enjoy comfort and privacy throughout labor, delivery and post-partum recovery. Our Birth Center includes eleven private LDRP (Labor, Delivery, Recovery, Post-Partum) rooms. Each is decorated in soft colors and has a private bathroom and shower, a rocking chair and other amenities to make you and baby feel at ease. Some rooms even feature a whirlpool tub for use by expectant moms. At the Oaklawn Birth Center, a new mom remains in one room from labor through the time she takes her baby home. This means you can feel at ease throughout the entire process. Fathers, support persons and siblings are welcome at any time, and other family members and friends can visit during normal visiting hours.



## Just relax.

Oaklawn nurses are very skilled in the use of natural relaxation and breathing techniques, which will provide comfort during labor. You may also choose to have pain medication, such as IV medications and epidural and intrathecal anesthesia. You'll want to discuss these options for pain management with your physician prior to labor. You can also take advantage of our Prepared Childbirth Education classes to find out which option is right for you. Whatever you choose, you can be confident that our caring health professionals will do everything possible to make the birth experience as enjoyable and pain free as possible.

## An extra measure of comfort.

While at the Oaklawn Birth Center, you and your baby will receive personal care from an experienced obstetrical nurse, who is always ready to answer your questions or needs. You have the option of "rooming" with your baby, so you can be close to your newborn throughout your stay. When you leave, you'll hear carillon bells ringing. These are rung each time a new baby heads home and are another way we help you celebrate this joyous occasion.

## Keeping you informed.

There are a lot of new changes that come with your new baby. You'll doubtless have questions or concerns. Oaklawn offers classes to educate and assist you and your family as you prepare for the birth of your baby, including:



- \* How to prepare for your newborn
- \* Basics in baby care
- \* Prepared childbirth education
- \* Refresher childbirth education
- \* Breast-feeding instruction
- \* Infant CPR
- \* Sibling class

For more information on the Birth Center or its educational services, you may visit us online at [www.oaklawnhospital.org](http://www.oaklawnhospital.org) or call the Birth Center at (269) 789-3929.

