



Physical Rehabilitation



Get back in the game.

You know how good it feels to lead a healthy, active lifestyle. You want the kind of prompt, professional care that will deliver positive short-and long-term results. You want the kind of care you find at Oaklawn Hospital.



OaklawnHospital

Rehabilitation Services/ Physical Therapy

200 North Madison
Marshall, MI 49068
(269) 789-7908

Sports Rehabilitation Center

13697 15 Mile Road
Marshall, MI 49068
(269) 781-6030

Physical Rehabilitation Center

300 B Drive North
Albion, MI 49224
(517) 630-0267



OaklawnHospital

ADVANCING MEDICINE
COMPASSIONATE CARE

Physical Rehabilitation



Oaklawn provides individualized treatment and rehabilitation for a wide variety of conditions at two locations in Marshall and one in Albion. These rehabilitation services are available to all ages. We offer:

- * Aquatic physical therapy
- * Custom orthotics
- * CVA/Stroke therapy
- * Injury and joint rehabilitation for knee, hip, ankle and shoulder problems
- * Injury prevention therapy
- * Muscle strengthening
- * Neurological disorder therapy
- * Occupational therapy
- * Postural dysfunction therapy
- * Pre-surgery conditioning
- * Rehabilitation after orthopaedic surgery
- * Sports medicine
- * Treatment for neck and back pain
- * Vestibular rehabilitation

Build strength. Gain confidence.

Being sidelined by an injury or health condition can be a frustrating experience. Fortunately, Oaklawn provides all the expert care you need to help you return to your normal activities. And you don't have to be a hard-core athlete to take advantage of all we have to offer.

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We treat you right.

We tailor treatment to fit your specific needs. Our team of licensed physical therapists, physical therapist assistants and certified athletic trainers work in tandem to develop a regimen that will deliver the best results. We can assist with a variety of treatments, including work with weights, biofeedback, ultrasound, electrical muscle stimulation, exercise, or massage.



The healing properties of warm water.

We provide patients access to a warm-water physical therapy pool to help speed the healing process.

The buoyancy of the water unloads much of your body weight, thereby relieving pressure and stress on your body and improving circulation. Through this treatment, your therapy can often progress more rapidly, allowing you to build strength and transition sooner to a land-based therapy. You do not have to be able to swim.

Warm-water aquatic physical therapy may also help you if you're preparing for surgery, such



as joint replacement or spinal surgery. In the pool, you can strengthen muscles with less discomfort than a land-based regimen. All of which helps speed the healing process after surgery.

Therapy to improve daily functioning.

Occupational therapists treat patients with medical conditions that affect daily functions such as writing, dressing, cooking or eating. Our occupational and physical therapists also provide functional capacity testing and hand rehabilitation to safely get you back to work and normal daily activities.

We get an A with student athletes.

Sports injuries are an everyday reality in our school systems. That's why Oaklawn provides certified athletic trainers to our area schools, coaches and athletes. These certified athletic trainers work with student athletes to help rehabilitate after sports injuries. More importantly, they have developed successful training programs that prevent student athlete injuries.

We're always here for you.

For more information on any of the physical rehabilitation services offered through Oaklawn Hospital, please call.

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