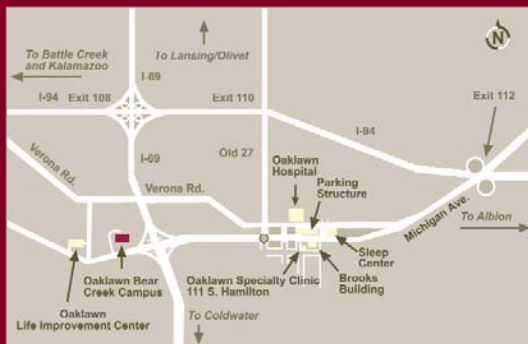




Partial Hospitalization



OaklawnHospital

Psychiatric Partial Hospitalization
15209 West Michigan Avenue
Marshall, MI 49068
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www.oaklawnhospital.org



OaklawnHospital

ADVANCING MEDICINE
COMPASSIONATE CARE

Partial Hospitalization

“Our goal is restore daily life functioning with accessible, personal and high quality care.”

Oaklawn's Partial Hospitalization program provides less-restrictive, and less-intensive treatment for people suffering acute episodes of a variety of mental illnesses. Our goal is to restore daily life functioning with accessible, personal and high quality mental health care.

Patients participate in the program typically for five to fifteen days, from 9 a.m. to 3 p.m. The treatment team consists of a social worker, nurse, activity therapist, psychologist, and psychiatrist who provide the psychological treatment modalities of individual, group, activity therapy and family sessions.

The program has added value because it provides an alternative to inpatient hospitalization, but offers more support than outpatient therapy.

General group topics include:

- * Medication teaching
- * Anxiety education
- * Anger management
- * Diet and exercise
- * Headache education
- * Needs and values
- * Diagnosis education
- * Sleep skills
- * Grief and loss issues
- * Managing change
- * Stress management



Psychotherapy topics include:

- * Self esteem
- * Family therapy
- * Communication
- * Relationships
- * Problem solving
- * Goal setting
- * Assertiveness



- * Relaxation
- * Grief and loss
- * Thinking process

Oaklawn's Partial Hospitalization Program is located on the serene Bear Creek Campus, 15209 West Michigan Avenue in Marshall.

