



THE NATIONAL INSTITUTE
FOR TRAUMA AND LOSS
IN CHILDREN



“Until I was in group, I did not know what was wrong with me. I now know nothing is wrong with me. I had a horrible thing happen to me, and with your help, I FEEL BETTER NOW!”



2012 TLC RESOURCE GUIDE:
WITH NEW AND REVISED RESOURCES

TOOLS LEADING TO CHANGE.

THE NATIONAL INSTITUTE FOR TRAUMA AND LOSS IN CHILDREN

Structured Sensory Intervention Programs (SITCAP®) & Resources for use in Schools and Agencies



What Color Is Your Hurt? Trauma Intervention Program by Cindy Ciocco & William Steele
REVISED! This 10-session trauma intervention program now contains activities that support sensory integration and positive behavior support. Excellent resource to help preschool children find relief from trauma. Included is an *Intervention Manual* for professionals, an *Activity Workbook*, *Brave Bart Storybook* and *What Parents Need To Know* booklet. Also includes parent education materials in Spanish. **Ages 3-5 \$120**



I Feel Better Now! Trauma Intervention Program by William Steele, Pamela Lemerand, Deanne Ginns-Gruenberg & Caelan Kuban
BESTSELLER! This 10-session published evidence-based research group program for children addresses violent or non-violent trauma. The group process is based on an educational model of

teaching, exploring, guiding, normalizing and reframing experiences. *Leaders Guide*, *Workbook*, and the TLC booklets, *You Are Not Alone* and *What Parents Need to Know* are included. For research outcomes, go to www.starrtraining.org/trauma-research.

Ages 6-12 \$120



Trauma Intervention Program for Children and Adolescents by William Steele
BESTSELLER! TLC's most comprehensive, evidence-based program. Provides eight-sessions of structured, sensory interventions for children and adolescents and a component for parents of traumatized children. Researched in school &

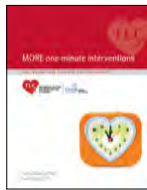
agency settings, this program has been shown to significantly reduce trauma reactions. Included are two manuals; two workbooks; the



A Time for Resilience: Raising Resilient Children in a Traumatic World by Caelan Kuban
What allows some traumatized children to do better than others? Research-based, resilience-focused program. Can be used with parents and children, in the classroom or as an after-school program. For research outcomes, go to www.starrtraining.org/trauma-research. **Ages 6-12 \$55**



One-Minute Trauma Interventions for Children and Adolescents by Caelan Kuban
BESTSELLER! Collection of age-specific, sensory-based trauma intervention activities that focus on the major themes of trauma. Designed especially for use with children and adolescents in school and agency settings. All intervention activities take less than 20 minutes to complete. **Ages 3-18 \$55**



MORE One-Minute Trauma Interventions for Children and Adolescents by Caelan Kuban and Sarah Slamer
NEW! A follow up to our bestseller provides all new age-specific, sensory based trauma intervention activities that focus on the major themes of trauma. An excellent complement to all SITCAP model intervention programs. All intervention activities take less than 20 minutes to complete. Pre-order before 3/15/12 and save \$10. **Ages 3-18 \$55**



Rise Up Program by Donna Mondor
NEW! This program helps to facilitate refugee children's adaptation into a new and foreign school system. It guides you through each full day of the



Handbook of Interventions Following Suicide or Trauma in Schools by William Steele
Details interventions specific to the suicidal student, as well as for the trauma experienced by the survivors. Invaluable tool includes assessment of risk, scripted responses, checklists, legal responsibilities, emergency referral procedures and resource materials.

Level: School professional \$30



After the Crisis: Traumatic Event Crisis Intervention Plan (TECIP) by Markowitz, Haddow & Carlton
NEW! Provides tools crisis teams need to initiate protocols. Proven structure helps to mobilize resources, accelerate normalization and minimize the adverse impact on students and staff by restoring adaptive functioning. **Level: School professional \$90**



Traumatic Event Crisis Intervention Plan (TECIP) Abbreviated Implementation Guide
NEW! A collection of the most frequently used forms and materials from the *After the Crisis: TECIP* book above. Proper use of these materials will assist in implementing a sound aftermath response plan for the initial day back to your building after a traumatic event. **Level: School professional \$20**



Trauma Debriefing Handbook for Schools and Agencies by William Steele
Includes strategies that have been field tested by thousands of TLC Certified Trauma and Loss Specialists. Provides step-by-step debriefing protocol. **Level: Professional Book \$30**

TLC booklets, *You Are Not Alone, A Trauma is Like No Other Experience, What Parents Need to Know*; assessment tools; and other supportive materials. **Ages 6-18 \$145**



Faith-Based Trauma Intervention Program Supplement

by Annette Miner

NEW! Designed to be used in conjunction with TLC's *Trauma Intervention Program* with children or adolescents from any community of faith. Provides materials to help mobilize faith as a resource in healing. **Level: All ages \$40**



SITCAP®: At-Risk Adjudicated Treatment Program (SITCAP-ART)

by William Steele & Jacqueline Jacobs

Published evidence-based group program for at-risk or adjudicated youth in outpatient or residential settings. Supports reductions in PTSD symptoms, rule breaking behavior, aggressive

behavior and other mental health symptoms. Includes manual and workbook. For research outcomes, go to www.starttraining.org/trauma-research. **Ages 13-18 \$125**



Teen Empowerment: A Structured Sensory Intervention Program for Teens Exposed to Domestic Violence

by Kelly Warner

NEW! This *SITCAP®* model group program is specifically for teens who have experienced domestic violence and sexual assault. Contains a manual and activity workbook and specific

information for safety planning. For use in school/agency settings. The result of over a decade of experience with domestic violence survivors and grounded in TLC's sensory-based intervention process.

Ages Adolescents \$85



first week and provides 13 additional weekly group social skill-building sessions. This program is filled with therapeutic and creative interventions and is a must for anyone working with refugee students. Available spring 2012. Pre-order before 3/15/12 and save \$10. **Ages 6-18 \$125**



Supporting Students with Special Needs

by Jean Cooper, Tracy Bullock & William Steele

This manual presents baseline behaviors of varied impairments including children with Autism Spectrum disorders, as well as the changes in these behaviors when children are exposed to grief or trauma. Provides specific interventions for special education teachers and parents of special need students.

Level: School professional \$45



Helping Children Feel Safe

by William Steele, Cathy Malchiodi & Nancy Klein

A series of sensory-based activities designed to help frightened children re-establish a sense of safety. Helps to debrief and defuse. Complete program includes the TLC books, *Brave Bart*, *Debriefing Handbook* and *What Parents Need to Know* booklet.

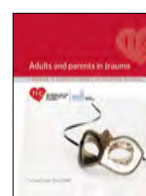
Ages 6-10 Book \$40 / Complete Program \$120



Foster Care Workbook

NEW! Over 30 workbook pages written from the perspective of a girl or boy who has entered the foster care system. Created by a TLC Certified Trauma Consultant-Supervisor who is also a foster parent. This is an excellent resource to use with children who have recently been placed into foster care.

Ages 4-12 \$18



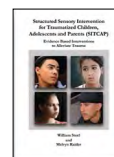
Adults and Parents in Trauma: Learning to Survive Trauma Intervention Program by William Steele
An excellent resource for those working with adults or parents of a traumatized child. Contains assessment tools, checklists, cognitive reframing statements, healing benchmarks, secondary victimization, survivor plan, worry activities, survivor activities and *After the Violence* DVD. **Ages Adult \$85**



Adults in Trauma Group Program by Mary Hayek
NEW! This *SITCAP®* model program is for adults who have experienced trauma recently or even years ago. Contains a manual and workbook and is filled with sensory based intervention activities for adults. Available spring 2012. Pre-order before 3/15/12 and save \$10. **Ages Adult \$120**



PTSD Child, Adolescent or Adult Questionnaire (CAQ)
Age-specific pre- and post-intervention assessment tool. Helps to identify the frequency of occurrence of trauma reactions by subcategory as classified by the *DSM-IV-TR*: avoidance, re-experiencing and arousal. The CAQ has achieved convergent validity with Briere's Trauma Symptom Child Checklist. Pack of 10 Child, Adolescent OR Adult, OR 5 each of Child & Adolescent. **Ages Child 6-12 / Adolescent 13-18 / Adult \$20 each**



Structured Sensory Intervention for Traumatized Children, Adolescents and Parents (SITCAP®)

by William Steele & Melvyn Raider

This textbook discusses a comprehensive, evidence-based treatment approach for treating trauma victims. Gives detailed descriptions of interventions, case studies and

answers to common therapeutic struggles. Quantitative, qualitative and case-oriented data. **Level: Professional \$65**



Resources for Helping Infants & Young Children



Zero to Three Trauma Intervention Program by Caelan Kuban and Nicholene Stiemsma
NEW! This 26-session trauma intervention program for infants and toddlers contains TLC's new infant and toddler trauma questionnaire, psycho-education fact sheets for parents and over 50 age-specific activities that help lower arousal and facilitate attachment between parent and child. Available spring 2012. Pre-order before 3/15/12 and save \$10. **Ages 0-3 \$120**



Handbook of Trauma Interventions: Zero to Three by Caelan Kuban
REVISED! Information on how trauma impacts infant brain development. Interventions to use with infants, toddlers, parents and caregivers. Tools help educate parents and caregivers and reduce trauma-induced reactions and improve attachment. **Ages 0-3 \$25**



What Color Is Your Hurt? Trauma Intervention Program by William Steele and Cindy Ciocco
REVISED! This 10-session trauma intervention program now contains activities that support sensory integration and positive behavior support. Excellent resource to help preschool children find relief from trauma. Included is an *Intervention Manual* for professionals, an *Activity Workbook*, *Brave Bart Storybook* and *What Parents Need To Know* booklet. Also includes parent education materials in Spanish. **Ages 3-5 \$120**



Brave Bart: A Story for Traumatized and Grieving Children by Caroline Sheppard, Illustrated by John Manikoff
BESTSELLER! Brave Bart is a kitten who had something bad, sad and scary happen to him. Helping Hannah, a neighborhood cat, helps Bart overcome his fears and become a survivor. Brave Bart normalizes many trauma reactions children experience. **Purchase the book alone or with a flash drive with a Brave Bart Powerpoint presentation. Ages 4-10 Book only \$15 | Book with Flash Drive: \$30**



Billy and the Bullies by Caroline Sheppard, Illustrated by Rose Canino
NEW! By the bestselling author of *Brave Bart*, this book is designed to provide a means to begin the dialogue with young children about bullying. Billy, a young cat, learns ways to cope with the situations he faces through the help of a former bully, Tom the horse. The use of non-threatening animal characters offers a safe way for young children to identify with the bullying experience from any perspective. Pre-order now – available spring 2012. **Ages 4-10 \$15**

Order Form

ITEM	PRICE	QTY	TOTAL
Adults and Parents in Trauma: Learning to Survive: Trauma Intervention Program	\$85		
Adults in Trauma: Group Program (available spring 2012 - pre-order before 3/15/12 and save \$10)	\$120		
After a Traumatic Loss	\$8		
After the Crisis: Traumatic Event Crisis Intervention Plan (TECIP)	\$90		
After the Violence (DVD)	\$45		
A Time for Resilience: Raising Resilient Children in a Traumatic World – A How To for All Parents and Teachers	\$55		
A Trauma is Like No Other Experience	\$5		
Billy and the Bullies	\$15		
Brave Bart: A Story for Traumatized and Grieving Children	\$15		
Brave Bart Flash Drive and Book	\$30		
Children of Trauma: Tools to Help the Helper (DVD)	\$65		
Don't Feed the Worry Bug book only	\$15		
Faith-Based Trauma Intervention Program Supplement	\$40		
Foster Care Workbook	\$18		
Handbook of Interventions Following Suicide or Trauma in Schools	\$30		
Handbook of Trauma Interventions: Zero to Three	\$25		
Helping Children Feel Safe Book	\$40		
Helping Children Feel Safe Program	\$120		
I Feel Better Now! Trauma Intervention Program	\$120		
MORE One-Minute Trauma Interventions for Children and Adolescents (available spring 2012 - pre-order before 3/15/12 and save \$10)	\$55		
One-Minute Trauma Interventions for Children and Adolescents	\$55		
PTSD Child and Adolescent Questionnaire	\$20		
PTSD Child Questionnaire	\$20		
PTSD Adolescent Questionnaire	\$20		
PTSD Adult Questionnaire	\$20		
Rise Up Refugee Program (available spring 2012 - pre-order before 3/15/12 and save \$10)	\$125		
SITCAP: At-Risk Adjudicated Treatment Program (SITCAP-ART)	\$125		
Structured Sensory Intervention for Traumatized Children, Adolescents and Parents (SITCAP)	\$65		
Supporting Students with Special Needs	\$45		

Wings the Worrywren plush toy and Don't Feed the Worry Bug book by Andi Green



NEW! Meet Wince, The Monster of Worry, and his number one nemesis, the WorryBug! Join Wince as he discovers the secret to keeping his worries from getting monstrous. Using unique drawings and clever rhymes, this book carries an insightful message that readers of all ages will enjoy. **Ages 4 -10 Book only \$15 | Plush toy only: \$20**



DVDs & Booklets



Children of Trauma: Tools to Help the Helper (DVD) TLC's Structured Sensory Intervention (SITCAP) is used in three case studies demonstrating specific trauma intervention tasks and questions. 60 min. **Level: Professional \$65**



After the Violence (DVD) Parents of children who died violently and traumatically tell their story. Survivors identify specific reactions and talk about the healing process. Wonderful resource for professionals who work with adult survivors and a supportive resource for adult survivors to watch. 60 min. **Level: Professional \$45**

After a Traumatic Loss by William Steele

Excellent reference for those who work with grieving and traumatized children. Identifies and normalize the cognitive, emotional and behavioral reactions that children often experience.

Ages 6+ \$8



William Steele Booklet Series \$5 each or 3/\$12



You Are Not Alone

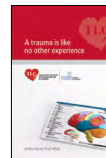
Lets traumatized children know that they are not the only ones who have experienced the feelings and fears associated with trauma. Helps children begin to heal their hurt.

Ages 6-12 \$5 or 3/\$12

A Trauma is Like No Other Experience

Helps teens normalize the many reactions that can follow witnessing or being the victim of trauma.

Ages 13-18 \$5 or 3/\$12



What Parents Need to Know

Provides parents with an understanding of trauma and ways to help their children heal.

Ages Adult \$5 or 3/\$12

Teen Empowerment: A Structured Sensory Intervention for Teens Exposed to Domestic Violence	\$85	
Trauma Debriefing Handbook for Schools and Agencies	\$30	
Traumatic Event Crisis Intervention Plan (TECIP) Abbreviated Implementation Guide	\$20	
Trauma Intervention Program for Children and Adolescents	\$145	
What Color Is Your Hurt? Trauma Intervention Program	\$120	
What Parents Need to Know	\$5	
William Steele Series	3/\$12	
Wince the Worrywool plush toy only	\$20	
You Are Not Alone	\$5	
Zero to Three Trauma Intervention Program (available spring 2012 - pre-order before 3/15/12 and save \$10)	\$120	

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TOTAL AMOUNT DUE	

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0-\$25	add \$9.95
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\$51-\$115	add \$19.95
\$116-\$200	add \$23.95
\$201-\$400	add \$31.95
Over \$400 or outside U.S.	Call for price

Call TLC at 877-306-5256 for discounts and S&H prices for orders over \$400, special delivery rates, and for shipping to Alaska, Hawaii and outside the US. Please be advised that this shipping amount is an estimate only. Actual charges will be calculated at time of shipping and will be added to your total. Book and resource prices listed are guaranteed through 12/12.

MAIL: TLC Institute, 42855 Garfield Road, Suite 111 • Clinton Township, Michigan 48038
FAX: 313-885-1861 • **PHONE:** 877-306-5256 • **ONLINE:** www.starrtraining.org/bookstore



When it comes to transforming kids' lives, turn to TLC.

Evidence-based trauma interventions and resources for children, adolescents, parents and adults in school and agency settings.

As a program of the Starr Institute for Training, The National Institute for Trauma and Loss in Children's (TLC) mission is to bring out the best in every traumatized child by creating environments where children flourish. Currently, more than 6,000 TLC Certified Trauma and Loss School Specialists and Clinical Specialists located worldwide provide TLC interventions and resources to children, adolescents, families, schools and communities daily.

// *Upon completing my Level-1 Certification, I was so convinced of the efficacy of TLC's interventive process that I purchased the programs for various ages and supplemental materials and began*

Order TLC resources

- To order by phone, call TLC toll-free at 877-306-5256.
- To order by mail, complete the order form on the back page.
- To order online, go to www.starrtraining.org/tlc

Earn your Trauma and Loss Certification

Attend our annual Childhood Trauma Practitioner's Assembly on July 10-13, 2012 in Clinton Township, Michigan. Register by phone or online. Check our training schedule at www.starrtraining.org/register.

How to Renew Your Certification – Take a TLC Course

It is easy to renew or maintain your certification by taking one TLC online course or by attending one TLC training annually. TLC online courses provide six Continuing Education contact hours and are approved by major continuing education boards, including APA, NBCC, NASW, APT and many state boards. Many new courses will be added in 2012. For a complete list of courses and CEs, go to www.starrtraining.org/online-courses.



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877-306-5256

www.starrtraining.org/tlc

to weave that into my existing intervention strategies. Because I have most of the TLC manuals and have tested them out, I can say that each one WORKS. I have witnessed near-miraculous transformations of the most painful wounds for both parents and children. The adult program is also outstanding and completely supports my work with wounded women and mothers. What is even more helpful is that it also makes space for the blending of other interventive strategies, like play therapy, for example. //

Cherie Spehar, MSW, LCSW, CTS, Private Practice, Apex, North Carolina





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