



## THE TLC RESOURCE GUIDE:

*T*oo LS *L*EADING To *C*hANgE.

THE NATIONAL INSTITUTE FOR TRAUMA AND LOSS IN CHILDREN

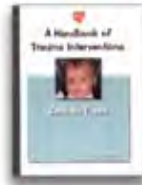


# For Infants, Children, Adolescents & Parents

## *Handbook of Trauma Interventions: Zero to Three*

by Caelan Kuban

Information on how trauma impacts infant brain development. Interventions to work with infants, toddlers, parents & caregivers. Tools help educate parents and caregivers and reduce trauma-induced reactions. **Ages 0-3 \$20**



## *A Time for Resilience: Raising Resilient Children in a Traumatic World - A How To for All Parents and Teachers*

by Caelan Kuban

NEW in 2009! What allows some traumatized children to do better than others? Research-based, resilience focused. Can be used with parents and children, in the classroom or as an after school program. For research outcomes go to [www.starrtraining.org/tlc](http://www.starrtraining.org/tlc). **Ages 6-12 \$55**



## *Brave Bart: A Story for Traumatized and Grieving Children*

by Caroline Sheppard and Illustrated by John Manikoff  
BESTSELLER! Brave Bart is a kitten who had something bad, sad and scary happen to him. Helping hannah, a neighborhood cat, helps Bart overcome his fears and become a survivor. Brave Bart normalizes many trauma-reactions children experience. **Ages 4-10 \$15**



## *Brave Bart Flash Drive*

NEW! Read and show Brave Bart to children in groups. Flash drive with Brave Bart illustrations in a pictorial color presentation for use with the book, Brave Bart: A Story for Traumatized and Grieving Children by Caroline Sheppard. Formats included on flash drive stick: Powerpoint, Powerpoint Viewer and pdf. Translations included on Flash drive are: English, Spanish, Japanese and Tetun. **Ages 4-10 \$30**

## *One-Minute Trauma Interventions for Children and Adolescents*

by Caelan Kuban

BESTSELLER! Collection of age-specific, sensory-based trauma intervention activities that focus on the major themes of trauma. designed especially for use with children and adolescents in school and agency settings. All intervention activities take less than 20 minutes to complete. **Ages 3-18 \$50**



## *Helping Children Feel Safe*

by William Steele, Cathy Malchiodi & Nancy Klein

A series of sensory-based activities designed to help frightened children re-establish a sense of safety. helps to debrief and defuse. Program includes the TLC books, Brave Bart, debriefing handbook and What Parents Need to Know.

**Ages 6-10**

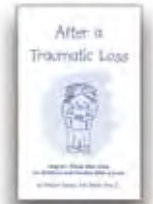
**Book \$50 / Complete Program \$105**



## *After a Traumatic Loss*

by William Steele

Excellent reference for those who work with grieving and traumatized children. Identifies the cognitive, emotional and behavioral reactions that children often experience. **Ages 6+ \$8**



## William Steele Series



### *You Are Not Alone*

helps traumatized children not feel alone with their fears and to heal the hurt. **Ages 6-12**

### *A Trauma is Like No Other Experience*

Written for traumatized teens. helps to normalize the many reactions that can follow witnessing or being the victim of trauma. **Ages 13-18**

### *What Parents Need to Know*

Provides parents with an understanding of trauma and ways to help their children heal. **Ages Adult**

**\$5 each book or 3/\$12 also available on DVD \$20**

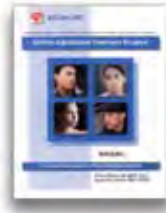


# Structured Sensory Intervention Programs

## ***SITCAP: At-Risk Adjudicated Treatment Program (SITCAP-ART)***

by William Steele & Jacqueline Jacobs

Published evidence-based group program for at-risk or adjudicated youth in outpatient or residential settings and supports reductions in PTSD symptoms, rule breaking behavior, aggressive behavior and other mental health symptoms. go to [www.starrtraining.org/tlc](http://www.starrtraining.org/tlc) for research outcomes. Includes manual and workbook. **Ages 13-18 \$125**



## ***I Feel Better Now! Trauma Intervention Program***

by William Steele, Pamela Lemerand, Jeanne Gruenberg & Caelan Kuban

BESTSELLER! This 10-session published evidence-based research, group program for children addresses violent or non-violent trauma. The group process is based on an educational model of teaching, exploring, guiding, normalizing and reframing experiences. Leaders guide, Workbook, don't Pop Your Cork on Monday and the TLC booklets, You Are Not Alone and What Parents Need to Know are included.

go to [www.starrtraining.org/tlc](http://www.starrtraining.org/tlc) for research outcomes.

**Ages 6-12 \$105**



## **Trauma Intervention Program for Children and Adolescents**

by William Steele

BESTSELLER! REVISED in 2009! TLC's most comprehensive, research-based program. Provides 8 sessions of structured, sensory interventions for children and adolescents and a component for parents of traumatized children. Researched in school & agency settings has been shown to significantly reduce trauma reactions. Included are 2 manuals, 2 workbooks, 3 booklets and a dVd, which includes You Are Not Alone, A Trauma is Like No other Experience, What Parents Need to Know, Assessment tools and other supportive materials. **Ages 6-18 \$145**



## ***What Color Is Your Hurt? Trauma Intervention Program***

by William Steele and Cindy Ciocco

Revised 2010! This 10-session trauma intervention program now contains several activities that support sensory integration and positive behavior support. Excellent resource to help pre-school children find relief from trauma. Included is an Intervention Manual for professionals, an Activity Workbook, Brave Bart Storybook, What Parents Need To Know. Also includes parent education materials in Spanish.

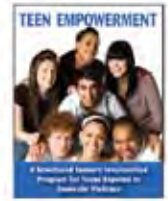
**Ages 3-5 \$105**



## ***Teen Empowerment: A Structured Sensory Intervention for Teens Exposed to Domestic Violence***

By Kelly Warner

New in 2010! This SITCAP model group program specifically for teens who have experienced domestic violence and sexual assault. Contains specific information for safety planning. For use in school/agency settings. The result of over a decade of experience with domestic violence survivors and grounded in TLC's sensory based intervention process. **Ages Adolescents \$105**



## ***Adults and Parents in Trauma: Learning to Survive: Trauma Intervention Program***

by William Steele

An excellent resource. Contains assessment tools, checklists, cognitive reframing statements, healing benchmarks, secondary victimization, survivor plan, worry activities, survivor activities and After the Violence video.

**Ages Adult \$105**





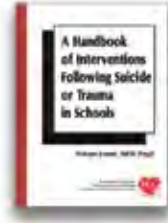
## For Use in Schools and Agencies

### *Handbook of Interventions Following Suicide or Trauma in Schools*

by William Steele

This handbook details interventions specific to the suicidal student, as well as for the trauma experienced by the survivors. Invaluable tool, which includes assessment of risk, scripted responses, checklists, legal responsibilities, emergency referral procedures and resource materials.

**Level: School professional \$30**



### *Trauma Response Protocol Manual*

by William Steele, Marie Nelson, Patti Porter, dee Ingle, Paul Brohl, & Noreen Brohl REVISED! Includes: standardized Protocol Manual, straight-forward task list for quick reference and multiple letters and handouts ready for last minute duplication. Emergency Response Protocol Quick Reference guide is designed to be kept in classrooms.

**Level: School professional \$75**



### *Trauma Debriefing Handbook for Schools and Agencies*

by William Steele

This handbook includes strategies that have been field-tested by hundreds of TLC Certified Trauma and Loss Specialists. It provides detailed step-by-step debriefing protocol, as well as five debriefing models for: K-5th grade, classrooms, staff, and crisis team members.

**Level: Professional Book \$30**



### *Supporting Students with Special Needs*

by Jean Cooper, Tracy Bullock & William Steele

This manual presents baseline behaviors of the varied impairments, as well as the changes in these behaviors when these children are exposed to grief or trauma. Provides specific interventions for special education teachers and parents of special need students.

**Level: School professional \$45**



### *Faith-Based Trauma Intervention Program Supplement*

By Annette Miner

New in 2010! TLC's new Faith-Based Trauma Intervention Program supplement is designed to be used with TLC's Trauma Intervention Program for children and adolescents from any community of faith. Provides materials to help use faith as a resource in healing. **Level: Supplement for all ages \$40**



### *TLC's PTSD Child and Adolescent Questionnaire (CAQ)*

Excellent, age-specific pre- and post-intervention assessment tool. Helps to identify the frequency of occurrence of trauma reactions by subcategory as classified by the dSM-IVR; avoidance, re-experiencing and arousal. The CAQ has achieved convergent validity with Briere's Trauma Symptom Child Checklist. Pack of 10 Child or Adolescent or 5 each. Please specify when ordering. **Ages Children 6-12/Adolescents 13-18 \$20**

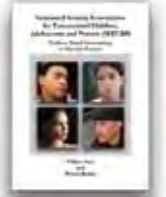


### *Structured Sensory Intervention for Traumatized Children, Adolescents and Parents (SITCAP)*

by William Steele & Melvyn Raider

Revised in 2009. This textbook discusses a comprehensive evidence-based treatment approach for treating trauma victims. Gives detailed descriptions of interventions, case studies, and answers to common therapeutic struggles. Quantitative, qualitative, and case-oriented data. Beneficial for professional development and graduate level training.

**Level: Professional \$30**



**Children of Trauma: Tools to Help the Helper (DVD)** TLC's Structured Sensory Intervention (SITCAP) is used in 3 case studies demonstrating specific trauma intervention tasks and questions. 60 min. **Level: Professional \$45**



**After the Violence (VHS)** Parents of children who died violently and traumatically tell their story. Survivors identify specific reactions and talk about the healing process. Wonderful support for professionals and survivors. 60 min. **Level: Professional \$45**

# When it comes to transforming kids' lives, turn to TLC.

## Evidence-based trauma interventions and resources for children, adolescents, parents and adults in school and agency settings.

Since 1990 The National Institute for Trauma and Loss in Children (TLC) has provided training to over 60,000 professionals and currently has 5,000 TLC Certified Trauma Specialists using these tools.

*"An amazing thing happened in my home last night. I found a copy of Brave Bart, as I was cleaning out a book case and I convinced my five-year-old niece to allow me to read to her. She loves cats, so the subject was appealing. She sat very quietly and listened to every word. When the story was over, I told her how brave she was since mommy died and she convinced me to read it again. I can't remember if she has ever sat in my lap for this long a period of time. During the second reading, she actually fell asleep and it was only 8:00 pm. Amanda rarely can sleep before midnight, since her mother died on 9/11. I don't remember who brought me this book (Brave Bart), but I am forever grateful."*

## Order TLC resources

- To order by phone call TLC toll-free at 877-306-5256.
- To order by mail complete the order form on the back page.
- To order online go to [www.starrtraining.org/tlc](http://www.starrtraining.org/tlc)

## Take Online Courses

- TLC online courses provide 6 Continuing Education contact hours and are approved by major continuing education boards, including APA, NBCC, NASW, APT and many state boards. For a complete list of courses and CEs go to [www.starrtraining.org/tlc](http://www.starrtraining.org/tlc)

## Earn your Level 1 Certification

Register for our annual Childhood Trauma Practitioner's Assembly by phone or online where you can also check our frequently updated training schedule at [www.starrtraining.org/tlc/register](http://www.starrtraining.org/tlc/register)



877-306-5256

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