

PINE REST
2008 ANNUAL REPORT

PINE REST MISSION STATEMENT

Pine Rest Christian Mental Health Services is called to express the healing ministry of Jesus Christ by providing behavioral health services with professional excellence, Christian integrity, and compassion.

PINE REST VISION STATEMENT

Pine Rest Christian Mental Health Services will be recognized as the premiere provider of behavioral health services because of:

- State-of-the-art, innovative services responding to changing and growing behavioral health needs;
- Exceptional services and exceptional outcomes;
- Distinctive Christian values deliberately guiding our care and decision-making;
- Staff who are passionately committed to the mission and future of Pine Rest and evidence that commitment by becoming leaders and mentors in their respective professional fields; and
- Financial vitality that equips Pine Rest to strengthen and extend its mission.

PINE REST FOUNDATION MISSION STATEMENT

The Pine Rest Foundation exists to provide Pine Rest Christian Mental Health Services with financial resources and community support so its ministry of love and healing in Christ’s name can flourish and be enhanced.

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A Mission That Remains Constant

An organization like Pine Rest, with almost 100 years of history in the community and a clear, unchanging mission, must continuously discern what it means to express that mission in today's world. No longer simply a hospital on a farm south of Grand Rapids, Pine Rest serves communities in Northern Michigan, the Greater Grand Rapids area, the Lakeshore of Western Michigan, and Iowa, as well as those who come to us from around the state.

The articles in this report reflect a small sampling of the diversity of programs and services that now define how the mission of Pine Rest is expressed today.

You will read stories reflecting the fact that some forms of healing and care in behavioral health occur outside the hospital or therapy office. Healing can occur in community, such as groups that support pastors, or Freedom House, a program for women in recovery and their children. Sometimes the care is most effective when it occurs right in the neighborhood where people live, using non-traditional forms of therapies, such as in the Caring Communities program described in this report. Collaboration with respected ministry partners is the key to success in this kind of work.

Today the mission of Pine Rest also takes the form of improving care for traditional services, such as Mandt training as an alternative means to traditional forms of behavior management for patients and residents who have difficulty controlling their own actions. Or participation in research to understand how best to help clients stop smoking to improve their quality of life.

Thank you for your ongoing participation in the mission of Pine Rest, a mission that remains constant even as its expression adapts to changing circumstances and community need.



Mark Eastburg, Ph.D.
President & CEO





Since opening in December 2007, Pine Rest's donor-funded and LEED certified Gerald and Jane Ann Postma Center for Worship and Education has held 750 events and hosted over 15,000 individuals.

"It was designed to be a gateway to Pine Rest, a welcoming center of hospitality," says Sharon Chapin, Postma Center manager, pictured above with Andy George.

The center has hosted ongoing training for students, staff and community mental health professionals. Human Resources Director Andy George says, "A conference for Network 180 helped support our mission to build relationships and eliminate stigma. We are providing opportunities for continuing education and more."

Postma Center staff efforts made a huge impression on Cindy Miltgen, Office Administrator of Network 180. "We were extremely satisfied that our conference and trauma training was held in such a beautiful, well-run facility. All of our needs were anticipated and met. It was a success, from facility to education, and raised awareness of both organizations in the community."

**Pine Rest
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- Ronald Haan - Vice Chair
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President & CEO
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- Rev. Carl Kammeraad
- Stephanie Leonardos
- LeMark Payne
- Victoria Proctor-Gibbs
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Operations in HBS and
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- Doug Vance, MA,
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Corporate Director of PPG Network

Grace and Peace to You!

This New Testament greeting was a proclamation of God's unmerited favor and His promised presence. So to you, the friends of Pine Rest and the Pine Rest Foundation, I extend the same greeting. Grace and Peace to you!

This has been a challenging year for the Pine Rest Foundation. First, the challenge of a leadership change was thrust upon us. However, because former Executive Director Phil Ellis had secured a solid board and because interim Director Ron Rozema performed admirably, the Foundation has remained stable and vibrant. Congratulations, gentlemen.

Second, the challenge of a worsening economy became a reality. Assets declined and all of us became financially cautious. Yet the need for Pine Rest services grew and the need for financial assistance escalated.

This created a real challenge for the people we serve. For in times of hardship the need for the help of Pine Rest increases, but that help comes with a price tag. Understandably, but not wisely, many hurting people then consider cutting back on their medications, reducing the frequency of their counseling sessions, or even delaying their request for admission. For those with little resources, it is as if they will "lose their lifeline." We must not let that happen.

Your charitable giving through the Pine Rest Foundation will allow these individuals and families to receive the help they so desperately need. As one mother shared after receiving financial assistance with her daughter's co pay – "This helps my daughter get the counseling she so desperately needs." Truly, that is the healing ministry of Jesus Christ.

Serving together,



Randall Johnson
Director of Development
Executive Director – Pine Rest Foundation





“Dialectical Behavioral Therapy (DBT) is about building a life,” says Karen Elbert, LMSW and DBT Services Coordinator. “This outpatient program focuses on behavior that creates chaos. When we teach clients to cope, they develop structure on their own.”

This model of care has been in use at Pine Rest since 2003. The success of the program has led to its expansion in the lakeshore area, with Pine Rest Holland Clinic offering DBT since fall 2007.

“There are few programs or treatments that have been shown to help higher-risk clients find a life worth living,” says Marc Houck, PsyD., psychologist and DBT Team Leader at the Holland Clinic. “We use DBT because it reduces symptoms, medical costs, and helps people live better lives.”

But the numbers aren’t the only testimonial to the effectiveness of the DBT program. One participant commented that “I feel more in control of my life instead of life just happening to me. I have learned ways to change my experience of life by using DBT skills.”

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Caring Communities: Lives Through Empowerment

“Caring Communities is truly an outreach of Pine Rest’s mission to our larger community,” says Rev. Carl Kammeraad of Seymour Church and one of the founders of the Caring Communities program. “Our focus from the beginning has been to supply a Christian behavioral health component to existing non-profits supporting our community with other services.”

One such program is the Empowerment Group at Gerald R. Ford Middle School. Developed by Nicole Ware Spencer, PsyD, MPH, psychologist at Pine Rest Campus Clinic, pictured at right, the group targets 7th and 8th grade girls. It is designed to help participants transition from middle to high school, while setting goals and learning how to become successful in today’s society. The group meets once a week, from November to the end of the school year.

“Research demonstrates that the transition from 8th to 9th grade is where a lot of girls drop off – drugs, violence, pregnancy, leaving school,” says Ware Spencer. “We want to equip them with skills and goals to be productive members of society and create higher aspirations.”


“Programs like this are also a bridge to more traditional models of care, options not ordinarily accessed by this population,” says Sara Mast, LMSW, manager of Caring Communities and therapist at Pine Rest Northwest Clinic. “One girl from the class was able to receive services at the Professional Practice Group, based on the relationship and trust developed in the Empowerment Group.”

The girls relish the opportunity to do for themselves. Angel* says “It’s exciting to be with my girls, talk, find out who I am.” Dyminka* finds the group “trustworthy, I don’t have to worry about people talking about me negatively.” Diamond* feels being a part of the group makes her a better person and Inez* is happy because “I know now that my future is going to be good.”

In the 2007 fiscal year, Caring Communities touched the lives of over 2,230 people, resulting in over 12,400 total contacts. Through those relationships, over 30 were referred to traditional behavioral health care services within Pine Rest. Partnerships are growing too – new programs were developed with five agencies, including ACCESS, Baxter Community Center, and the Mental Health Foundation of West Michigan.

“Since we started, we have evolved into a best practice of how we serve urban, underserved communities,” says Mast. “The more we listen, learn, and do, the better our services become.” Ware Spencer agrees, “Our programs are culturally relevant and meet the needs of the population we serve.”

*names changed

A photograph of Nicole Ware Spencer, a Black woman with short dark hair, wearing a black long-sleeved top and a black belt, standing and speaking to a group of students. The students are seated at a table, looking towards her. The setting appears to be a classroom or office. In the background, there is a computer monitor on a desk and a stack of books. The lighting is bright and even.

“We want to equip them with skills and goals,
and create higher aspirations.”

Nicole Ware Spencer, PsyD, MPH
Psychologist

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There are therapists, then there's Lucy - a Labrador/Terrier/Spaniel mix. Lucy provides some unconventional patient rehabilitation on Pine Rest's inpatient units.

Becky Pierce, OTR Clinical Specialist in Activity Therapy, pictured above, started pet therapy at the hospital in 2000. "I bring Lucy in once a week. Having a pet lightens the atmosphere for clients as well as staff."

For clients dealing with difficult times, a canine proves to be a reassuring companion. "A dog is non-threatening, improves social interaction and activity levels," says Pierce. "Lucy is a vehicle for communication, giving the client and therapist a common bond."



The Mandt System®

Offers Education Based on Dignity and Respect

"The Mandt System® philosophy is based on treating each other with dignity and respect," says Cathy Bailey, LMSW and staff educator for Pine Rest. "As a trainer, I really have to educate people to think before taking action. This creates a safe environment for everybody."

The Mandt System® was developed by David Mandt in 1975, and focuses on keeping patients calm and everyone safe. It is a system of gradual and graded alternatives for de-escalating and managing people, using a combination of interpersonal communication skills and physical interaction techniques designed to reduce injury to all the participants in an encounter. The system is used in over 2,000 human service settings throughout the world.

"We have regular training sessions for Center for Psychiatric Residential Services staff, supervisors and all adolescent residential employees," says Bailey. "It's a value-based process that creates positive work relationships and explores how we treat each other. This directly affects our care of patients, residents and clients."

Staff can be certified at four levels: relational, conceptual, technical, and advanced. The skills build from basic communication and relationship building, and move on to trauma informed services, medical issues in restraint and seclusion, legal issues, physical training and advanced maneuvers that include protection in the case of an armed or unarmed attack.

"The Mandt System® methods truly are best practice, as they are proven and effective," Bailey comments. "Recently on one of the units, two boys were involved in a fight and one had his hand slammed in a door. Upset at causing an injury, but unable to express himself, the boy who slammed the door attempted to create a riot with other residents. Staff discussed the best way to handle the situation. Using Mandt methods to calm him down, we were able to avoid rioting, get to the bottom of the adolescent's need to cause trouble, and offer him help coping with his feelings and expressing his remorse."

Right: The Mandt System® creates positive work relationships and explores how we treat each other.



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“Intensive outpatient therapy (IOP) is a chance for one recovering from addiction to step down from an inpatient program or hospitalization, for a better outcome and sobriety success,” says Jude Verekyen, LMSW and facilitator of the IOP program in Holland.

The problems facing IOP participants vary from abusing legal substances to street drugs. IOP combines education and intensive group therapy with meetings three times a week. “Clients get the intensity of hospitalization – nine or more hours a week – yet are able to face the choices and challenges of daily living,” says Shannon Thompson, LMSW, CAAC and facilitator of the IOP program in Kalamazoo.

Verekyen observes, “One of the things I hear over and over is how life-changing the program is. There is a change in attitude, beliefs and self-confidence.”

“IOP is a best practice because it is cost-effective and has many of the benefits of inpatient treatment,” adds Thompson. “We prepare clients to step down to the next stage - long-term support groups. This is effective in the recovery journey.”

Freedom House: Transforming Lives of Women and Children

“I was desperate, and after trying for five years to break my addictions, Freedom House was the end of the road,” says Kathy*, a resident of Freedom House. “This place is a Godsend – even the name touched my spirit.”

Freedom House provides opportunities for women to break addictive habits and transition into society, while living in safe, sober and affordable housing. Since opening, Freedom House has served 56 women and their 10 children.

“When you are addicted, you lose the basic skills you had as a child,” Kathy comments. “The program gave me back those skills, and the ability to cope with the outside world. I have repaired relationships within my family.”

Esther Dukes, supervisor of Women’s Services, agrees. “We are a safe place where clients remain drug-free. We have a very supportive staff that works to develop strong personal relationships with these residents to help them succeed on their own. Women are alive today because of this program.”

“Maintaining high practice standards is important and supported by the accreditation we receive from the Commission on Accreditation of Rehabilitation Facilities,” says Carolyn Avery, director of Addictions Residential Services. “We incorporate the healing ministry of Jesus Christ in every aspect. The close proximity to other addictions services at Pine Rest makes transitioning through treatment possible.”

Freedom House tells only part of the story of Pine Rest Addictions Services. Last year, addiction services assisted 1,418 clients in recovery at numerous stages at the Sub Acute Detoxification unit, Women’s Lodge, Jellema House, Freedom House or Recovery Residence.

With the current economic climate, funding has been increasingly difficult for these programs. Avery is thankful for the Pine Rest Foundation and community donors’ generosity. “The funds raised from the golf classic have allowed Freedom House to remain operational.”

*name changed





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Clinical Pastoral Education has been offered as a part of Pine Rest's educational trainings since 1970. It gives students a chance to integrate faith in practice while working with clients. Student interns share a variety of cultural backgrounds, traditions and insights, representing countries including: Canada, Columbia, Chile, Cuba, Egypt, India, Indonesia, Japan, Korea, Liberia, Myanmar (Burma), Netherlands, Nigeria, Philippines, Poland, Romania, Vietnam, West Africa and Zambia, as well as the United States.



Pastors in Iowa Appreciate Ongoing Support

“The mission of the Pastor’s Group is to provide a confidential setting in which pastors can be honest in the company of their peers, receive support and advice as needed and engage in continued growth, learning and development,” says Cal Meuzelaar, LISW, Clinic Manager of the Pella and Des Moines, Iowa clinics.

The Pastor’s Group in Pella started three years ago, following a template created at Pine Rest Southwest Clinic in Grand Rapids. It started with just eight pastors, soon swelling to 22 in three separate groups. At present, 15 pastors from two groups meet during the church calendar year, every other week, from September through May. The Pine Rest Foundation very generously provided the funding for this group through its grant program.

“Pine Rest is part of the extended community of Christians and Christian organizations,” Meuzelaar comments. “Our focus and expertise is mental health within the context of the whole person. A pastor experiences unique stress, often feeling isolated and alone. There are very few people with whom they can share information. The groups meet this need. Healthy pastors can more effectively develop and lead healthy churches.”

Feedback from pastors has been overwhelmingly positive. “Thank you for giving me an opportunity to be refreshed in God’s word, and time of fellowship with other believers,” says one pastor. “I was looking for a safe place that I could be a part of to help me in my spiritual journey.”

Another writes: “I’ve participated in many continuing education experiences in 25 years of local church ministry... the Pine Rest discussion group ranks right at the top. Staff members have been excellent mentors and models of the concepts we’re learning and sharing. I’ve appreciated the psychological and theological world views they seem to represent. One of my ministerial colleagues in the group recently said this was one of the highlights of his week. I whole-heartedly agree.”

“I thank the Pine Rest Foundation for the opportunity to extend our mission by strengthening its leaders,” adds Meuzelaar.

A woman with long dark hair, eyes closed, and hands clasped in a prayer position, standing in a field of pink flowers. The background is softly blurred.

“I thank the Pine Rest Foundation
for the opportunity to extend our
mission by strengthening its leaders.”

Cal Meuzelaar, LISW
Clinic Manager

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Eric Achtyes, M.D

Research at Pine Rest to Benefit Patients Nationwide

Eric Achtyes, M.D., Staff Psychiatrist and Clinical Assistant Professor at Michigan State University is conducting research on schizophrenia in collaboration with Harvard Medical School, Massachusetts General Hospital, Touchstone Innovare and Pine Rest. His mission is to improve the lives of patients suffering from schizophrenia and to provide them and their families hope in the face of this tremendously disabling illness.

The first study investigates the use of a higher dose of ziprasidone in patients with schizophrenia who are experiencing residual symptoms of their illness at the current maximal doses. The second study investigates whether the medication varenicline, in combination with cognitive behavioral therapy (CBT), can help patients quit smoking and stay quit. The third study will investigate the effect of folic acid and vitamin B12 on cognition and the negative symptoms of schizophrenia.

“We began enrolling patients in our first study last spring, and launched our first smoking cessation groups in September,” Achtyes says. “We just recently began enrolling people in the third study. Admission in the studies will continue until the target number of subjects has been met nationwide.”

“Pine Rest has the potential to lead the way in the research and development of new treatments for psychiatric disorders,” he adds. “Our clinicians have a wealth of practical experience that can inform and guide the hypotheses we test in the future. By investigating and studying the world we live in, we bring glory to the One who made it.”

The Pine Rest Foundation has been a key supporter in bringing this cutting edge research to West Michigan. For two years, the Pine Rest Foundation provided funding to help pay the salaries of the research team.

“By participating in research, we are engaging in active discussion about current best practices and discovering the best practices of tomorrow,” says Achtyes. “This will lead to even sharper clinical acumen and a better, more trustworthy practice of our craft, a practice that will draw patients to Pine Rest for help and healing for years to come.”





Right: Casey and Vi Wondergem seated in Casey's Corner in Van Andel Center, approximately 1990.

A Generous Friend

A Reflective Look Ahead

“Life, like a mirror, never gives back more than we put into it.” Surely, among those who have put a great deal into the life of Pine Rest, Casey Wondergem stands out.

Casey was invited to help plan Pine Rest's 50th Anniversary celebration held in 1960. He was instrumental in launching a series of events that spanned the U.S. Realizing the need for Pine Rest's services would grow over time and that many in need would lack funds to meet the cost of treatment and care, he and a group of colleagues created the vision for Pine Rest Foundation. Thanks in no small measure to Casey's effort, Pine Rest Foundation will turn 50 in 2010, the same year Pine Rest celebrates 100 years of service.

For Casey, it's much more than history. With a career that included his own consulting business and positions as Senior Public Affairs Counsel with Amway Corporation, liaison with the United Nations Environmental Program, and Vice President, Communications and Development with Van Andel Institute, Casey generated a wealth of significant relationships and experiences. Through his relationship network, many have been invited to help Pine Rest and the Foundation achieve success. He continues to give generously of his time and counsel to Pine Rest Foundation, where he serves as a member of the Foundation Board of Governors.

On the Pine Rest Cutlerville campus, Van Andel Center is home to “Casey's Corner.” Named in honor of Casey's relationship with Pine Rest, it offers an inviting spot for conversation and reflection. Casey deeply enjoys hearing from many folks who have discovered his namesake corner and who tell him how they valued the spot and the comfort it afforded them.

Casey has also shared his treasure with Pine Rest and the Foundation through regular gift support. Committed to extending his giving beyond his lifetime, he has made a provision for Pine Rest Foundation in his estate plan. Tragically, Casey's wife and best friend, Vi, was taken in an auto accident over a year ago. As a couple, they enjoyed supporting their favored causes, including Pine Rest. Casey remains passionate about helping Pine Rest advance its mission. He invites friends to join him by supporting Pine Rest and Pine Rest Foundation in order to maintain and grow capacity for immediate and future challenges.



As you review these numbers, please note the following:

- Income from our core clinical services (both net patient service revenue and contract services income) grew by 6.6%;
- The contracted services income figure relates to those amounts reimbursed to Pine Rest for expenses incurred in relation to our joint operating agreement with Saint Mary's Health Care;
- The change in Foundation number reflects the change in value of the Pine Rest Foundation over the past year due to declines in investment holdings;
- Investment related income reflects the declines in Pine Rest's investment portfolio over the past year;
- Other revenues and gains include other non patient related revenue and donations made with restrictions where the purpose has been achieved and the restriction is now released;
- Overall expenses grew by 4% in line with the growth of our clinical services;
- The Excess Revenue Over Expense numbers refer to the reality that there are either more or less funds available for debt retirement and capital expenditures in future years;
- Our task remains to be responsible stewards by maintaining our overall financial position as we better meet the mental health needs of the communities we serve.

Revenue and Expense Summary:

Revenues	June 30, 2008	June 30, 2007*
Net Patient Service Revenue	\$45,656,138	\$44,389,063
Contract Services Income	16,577,051	14,004,573
Change in Foundation	(668,478)	1,525,507
Investment Related Income	(1,705,408)	5,086,111
Unrestricted Contributions	1,138,605	1,189,133
Other Revenues and Gains	5,316,256	2,907,693
Total Revenue	\$66,314,164	\$69,102,080
Expenses		
Salaries	\$40,938,067	\$38,590,171
Employee Benefits	8,850,043	8,159,769
Supplies and Other	12,088,355	12,567,519
Depreciation	2,314,080	2,081,100
Interest	621,777	616,938
Self Insurance and Malpractice	584,719	686,390
Contracted Services	1,201,667	1,234,197
Total Expense	\$66,598,708	\$63,936,084
Excess Revenue Over Expense	(\$284,544)	\$5,165,996
To be used for debt retirement and capital expenditures		

A copy of the audited financial statement is available upon request in both hardcopy and electronic format.

*based on the numbers presented last year in the annual report, the auditors did reclassify a few transactions in 2007 that increased both revenue and expense by about \$1.1 million. The overall margin remains the same.

Giving Back – A Community Benefit

Pine Rest Christian Mental Health Services is committed to providing compassionate care to the whole community. Sometimes that means providing a service simply because someone needs assistance.

As a non-profit organization, Pine Rest has a number of unique ways by which to do this. For example, through the Patient Assistance Fund, many in our community are receiving the behavioral health care they need despite having limited insurance coverage. Through grants funded by the Pine Rest Foundation, pastors have a group they can turn to for support, and the Critical Incident Response Team is available to communities experiencing a traumatic loss.

These services are offered at no cost or at a prorated fee to the recipient. It is Pine Rest’s gift to the community.

Community Benefit Category	FY 2008	FY 2007
Pine Rest Foundation Grants	\$474,408	\$452,335
Patient Assistance	1,169,431	1,235,840
Caring Communities	133,220	136,330
Services Produced at a Loss		
Clinic Network (Outpatient Services)	1,108,145	1,041,465
Developmentally Disabled Residential Services	286,648	250,028
Residential Services	268,243	77,463
Adolescent Residential Services	-	74,912
Addiction Residential Services	485,026	412,953
Bad Debts	786,140	245,300
TOTAL COMMUNITY BENEFIT	\$4,711,261	\$3,926,626

As reported by internal financial statements.

As you review these numbers, please note the following:

- Through the generosity of Pine Rest Foundation donors, \$474,408 in grant monies supported many activities that otherwise would not have been possible. Several programs are highlighted in this report.
- Many in our communities struggle with anxiety, depression, dementia, or an addiction. These problems are often compounded by an inability to pay for services that could help. The Patient Assistance Fund, funded through the generosity of donors, was able to provide \$1,169,431 to qualified individuals.
- Caring Communities is an outreach ministry of Pine Rest which designated \$133,220 to provide behavioral health services to people in urban areas who were unable to access services through traditional methods. This was accomplished through partnerships with more than 15 agencies.
- Last year, four business areas provided services where revenues collected did not cover the full costs of services offered.
- Last year, Pine Rest wrote off \$786,140 of bad debt from consumers who were unable to pay for services rendered.

Good Steward of Donor Dollars

Pine Rest Grant Team Investment Results

In the 2008 fiscal year, Pine Rest's Grant Management Team helped acquire funds totaling \$1,475,000. Here are some highlights:

Reduce Barriers to Access to Care

This grant was awarded by the Blue Cross Blue Shield Foundation to fund clinical services for teens referred to a juvenile court diversion program. As a result of the grant, over 60% of these at-risk youth accessed mental health services at the DeMey clinic.

Provide Relationship Skills to Youth

Awarded by the Richard and Helen DeVos Foundation, funds are being used to teach relationship skills to students in several Grand Rapids Public Middle and High Schools. The goal is to reach 1,000 youth in these settings.

Mental Health Awareness

The Grand Rapids Community Foundation's Social Venture Investors have provided funds to teach awareness of mental health issues to students at three Grand Rapids Public Schools. The Mental Health Foundation of West Michigan developed the curriculum.

Ottawa Hills Partnership for Success

Funding from the Steelcase Foundation and Amway's One by One Program allows Pine Rest to provide clinical staff in Ottawa Hills High School and Alger Middle School. The staff works with an average of 25 to 30 students weekly on issues such as family stressors and disruptive behavior. Last year, 35 students accessed more intensive services at the DeMey clinic.

Total Grants and Gifts Received for FY 2008

Professional Practice Group (Outpatient Services)	\$81,750
Miscellaneous Areas	204,840
Hospital Based Services	35,881
Residential And Community Services	129,864
Patient Assistance Fund – General	193,346
Patient Assistance Fund – Pine Rest Christian Homes	279,798
Total Grants and Gifts Received	\$925,479

Donors' Gifts Fill A Need

The Patient Assistance Fund makes financial aid available to those who need mental health care but do not have the ability to pay for services. Gifts from generous donors, businesses and churches help fill the gap.

Patient Assistance Fund Report

Amount on Hand at the Start of the Fiscal Year	\$63,879
Contributions for Needy Patients	1,036,226
Amounts Available	1,100,105
Allocations to Accounts of Needy Patients	1,169,431
Amount on Hand at the End of the Fiscal Year	(\$69,326)

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Donors to Pine Rest Foundation

January 1 - June 30, 2008

A-1 Asphalt Sealing & Repair, Inc.
Action Plumbing & Mechanical, Inc.
Adrian C. VandenBosch Charitable Trust
Airway Oxygen, Inc.
Ajacs Die Sales Corporation
Alltel Corporation
Amerikam, Inc.
Amway Grand Plaza
Ted Andriese
Arcadia Bluffs Golf Club
AstraZeneca LP
Bar Divani
Bareman's Dairy, Inc.
Leonard J. Bartoszewicz, D.D.S.
Gerald Battjes
Beene Garter LLP
Edward & Joan Berends
Berends Hendricks Stuit Agency
David & Dorothy Besteman
Alvin & Jean Bielema
Black Forest at Wilderness Valley
Blue Cross Blue Shield of Michigan
Blytheheld Country Club
Bonefish Grill
Lois Bordewyk
Anthony & Eleanor Bouwense
Robert & Jill Bouws
Conrad Bradshaw
Brann's Restaurant
Rhonda & Stephen Brink
Rudy & Diane Broekhuis
Buist Electric, Inc.
Buiten & Associates LLC
Robert & Ruth Busscher
Byron Center Meats, Inc.
Calamos Investments
CBC Companies
Cedar Chase Golf Club
Thomas & Nancy Church
Cofinity
Columbian Logistics Network
Courtesy Dodge & Betten Imports
Crowe Horwath
David & Carol VanAndel Foundation
Davidson Plyforms, Inc
Richard & Edith DeBoer
Dr. Daniel & Marian DeVries
Gord & Kathi DeYoung

Richard & Cornelia DeYoung
Henry & Tena Diederling
Lamont & Ruth Dirkse
Wayne & Ruth Dornbush
Arlene Dykstra
John Eastburg
Timothy Eber
Martha Elzinga
Exxel Engineering, Inc.
Ferris Coffee & Nut
Fifth Third Securities, Inc.
Betty Ford
Fox Ford
Art & Gerry Frens
George Koops Residual Trust
Grand Buick Pontiac
Grand Equipment Co LLC
GrandRapidsGolfLesson.com
Robert & Susanne Grassmid
Barry & Michele Griswell
Doug Hagyard
Hand & Plastic Surgery Centre, P.C.
Heart of West Michigan United Way
James & Pamela Hegarty
James & Martina Heyboer
Heyboer Landscape Maintenance, Inc.
Thelma Hiemstra
Kenneth & Elizabeth Hoekstra
Dr. Philip & Jean Hoekstra
Ross & Thea Hoezee
Holistic Care Approach
Edwin & Betty Hoogstra
Howard Miller
Integrated Architecture
Israels Designs for Living
J & H Oil Company
Barbara & Thomas Jackoboice
Don Jandernoa
Jurgens & Holtvluwer
Trudy Kamminga
Kawasaki Motors Corp, USA
Kendall Electric, Inc.
Carnell Kikkert
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Patient Statistics	June 30, 2008	June 30, 2007
Inpatient Admissions	4,777	4,812
Inpatient Patient Days	49,674	48,675
Partial Hospitalization Admissions	1,081	1,035
Partial Hospitalization Program Days	4,136	3,945
Average Length of Stay		
Inpatient	10.4 days	10.1 days
Partial Hospitalization	3.8 days	3.8 days
Residential Days of Care	89,360	88,726
Home Health Care Visits	7,688	9,136
Outpatient Visits	207,303	202,988

Pine Rest

300 68th Street SE
PO Box 165
Grand Rapids, MI 49501-0165
(616) 455-9200 or (800) 678-5500

Community Case Management Services for Adults

(616) 222-4570

Psychiatric Home Health Care

(616) 281-6440

Pine Rest Christian Addictions Services

(616) 281-0061 or (888) 641-7917

Inpatient/Partial Hospitalization Services

(616) 455-9200 or (800) 678-5500

Outpatient Services (Professional Practice Group)

(616) 455-5270 or (866) 457-6363

Center for Psychiatric Residential Services

(616) 281-0061

Pine Rest Christian Homes

(616) 281-0061

Dementia Living Center

(616) 281-0061

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If you would like more information about Pine Rest Christian Mental Health Services, please call us at (616) 455-6500.

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